time to change

let's end mental health discrimination



LAUNCH EVENT

Tuesday 10 October 2017 from 2.30pm to 4.30pm

27 – 29 North Street, Brighton, BN1 1EB

- proud to support change at all levels
- employee champions recruited across BHT teams
- increased focus on staff wellbeing
- policies reflecting our commitment to end mental health discrimination

- listening to and sharing staff experiences
- managers and staff confident to engage in conversations about mental health
- accessible information and resources to support staff wellbeing
- staff wellbeing strategy being developed

BECAUSE NO-ONE SHOULD FEEL ASHAMED OF A MENTAL HEALTH PROBLEM AT WORK















www.bht.org.uk