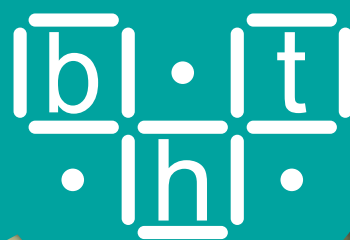


Work, Learning &  
Employment

Housing Services

Recovery from  
Addiction



# Annual Review 2015

OUR STORIES



Legal & Advice

Mental Health  
& Wellbeing

Housing Support

Combating  
Homelessness

Combating Homelessness • Creating Opportunities • Promoting Change

[www.bht.org.uk](http://www.bht.org.uk)

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Joan Mortimer presenting BHT's Team of the Year award to BHT's Immigration Legal Services team.

# Report from the Board

**2014/15 was a successful year even though we have faced challenges on many fronts.**

**Fulfilling Lives**, with £9.2 million funding over eight years from the **Big Lottery**, was launched. Delivering services in **Brighton, Eastbourne and Hastings** to men and women with **complex needs** (a combination of homelessness, substance misuse, mental health problems, and offending behaviour), the project also looks at how **systems can be improved** to better meet client need and achieve better outcomes.



**FULFILLING LIVES**  
South East Partnership

**BHT is the lead partner in this initiative with over 60 other agencies.**

The Mayor of Brighton and Hove, Cllr. Brian Fitch, named BHT as one of his **Mayor's Charities**, only the second time in our history that we have had this honour. Brian, along with the Mayoress, Norah Fitch, **broke all records** in raising funds for **Martletts**, the **Argus Appeal**, and **BHT**.

**Housing Services** have had a greater prominence within BHT, and we are committed to providing the necessary investment to maintain and improve our homes. We plan to spend over **£2 million** over the next **five years** to improve our homes.

The **Whitehawk Inn** became part of BHT. The education and life-skills charity provides community-led services in East Brighton, providing information and advice about **learning and work**, as well as a range of support activities to **help people into work**.



On the downside, we have lost some very valued services: BHT HomeWorks, Peer to Peer, Support4Housing and Response Services. Some were decommissioned, and others lost in retendering processes. All these services **supported people to maintain their accommodation**. In spite of these disappointments, BHT has had a **£261k surplus for the year**, which will be used to fund future plans, not least the ongoing **investment in our homes**.

We were delighted that, in July 2014, our Chief Executive, **Andy Winter**, was named '**Inspirational Leader of the Year**' by Inside Housing and the Chartered Institute of Housing.

**It is not an overstatement to say that BHT's services are needed more now than ever before. We could not face these challenges without your ongoing support, whether you are an individual, a charitable trust, the Big Lottery or a statutory funder. Thank you.**

**Joan Mortimer, Chair, BHT Board of Management**



# Andy Winter

**I started working for BHT in September 1985. In the past 30 years I have never experienced such change as we are currently facing, from the consequences of the collapse of Kids Company and scandals facing charity fundraising, to the changing nature of housing associations.**



It is important that organisations like BHT remain clear about their core purpose.

The extension of the Right to Buy to Housing Associations, welfare reform, the benefit cap, Pay to Stay and a range of other measures will impact on housing for the next twenty years or more.

## **And then there is the squeeze on public finances.**

It is important that organisations like BHT remain clear about their core purpose. Over the years we have **supported individuals** out of poverty, exclusion and homelessness, helping them to address mental health problems and overcome addictions, so that they can move into housing and employment with **improved health and wellbeing**.

I could quote facts and figures, but sometimes it is an **individual's story** that brings home the importance of our work. Last Christmas we featured **Bal's story**. Like many other people who need BHT's services, Bal was working part-time, despite being homeless and living in a tent.

Bal was accessing First Base's services for personal hygiene, advice and company. He has updated his story, one year on, which you can read on the opposite page. We have **many thousands** of stories like this that we could share, a handful of which are included elsewhere in this report.

There is nothing extraordinary about Bal's story: it's what we do, bringing about change to individual lives whilst **saving huge sums of money** for **local councils**, the **NHS** and the **police** and other institutions.

**I hope that the challenges being faced in public finances will not see decisions made that will result in the loss of services that, once lost, will be gone forever. The price will be paid by individuals and society for years to come.**

**Andy Winter, BHT Chief Executive**



# BHT Real Life Stories



One  
Year On

Bal

combating homelessness work, learning & employment

## First Base / Accommodation for Work

“

**I moved into an Accommodation for Work project house on the 31st December 2014 and slept in a bed for the first time in six months.**

Some of the homeless guys who had moved into hostels said they had trouble adjusting to sleeping in a bed again, but I didn't. The first thing I did was make the bed and fell asleep.

After being here for the first month my body relaxed from the survival mentality that homeless people have, and a few injuries surfaced from sleeping on concrete. I had a few spots in awkward places; I was also suffering from low iron levels and had to eat loads of green vegetables to get better.

“

**Over the year I have kept my cleaning job as well as attended and passed two courses, English level two and Maths level two.**

I have also completed a work placement at Umi hotel for two weeks through Business Action on Homelessness, which involved me working as a receptionist. I love working with the public and enjoyed the week of training beforehand to build up my confidence and to deal with stress management in the workplace.

I have now been with the Accommodation for Work project for 11 months and have noticed a vast improvement in my confidence and health levels. I am getting loads of support for my wellbeing, both physically and mentally, and am preparing to move on in the New Year, having saved up the deposit I needed to move on.

**BHT has turned my life around and I thank everyone involved for their care and support in my time of trouble.**



# BHT Real Life Stories



Complex Needs

## Rachel

recovery from addiction

combating homelessness

mental health & wellbeing

### Fulfilling Lives

**When Rachel was referred to the Fulfilling Lives project she was living a dangerous and chaotic lifestyle. A long-standing history of street drinking, substance misuse, rough sleeping and offending began with her first conviction aged 12, with over 30 convictions since.**



She struggled with depression, rage and feelings of hopelessness, which she self-medicated with heroin, benzodiazepine, cannabis and alcohol. She had several other health conditions, including epilepsy, and was known to self-harm. She had attempted suicide twice in the past four years.

By her own admission Rachel could be aggressive and extremely difficult to engage with. She had a reputation as being unmanageable in her engagement with services, including the police on the streets of Hastings and St. Leonards. Prior to the Fulfilling Lives caseworker making contact with her she had been in hospital for three weeks after suffering a life threatening stab wound.



I love the way that Heather is always nagging me and waking me up at 7am to get me to go somewhere and do something.

Heather is always embarrassing me by sharing stories with workers in other services about what I am achieving and how I am changing. They want to congratulate me!

We work really well together and I hope she will stick with me through rehab.

## BHT and Client Partnership: What we did to change things

**Due to Rachel's reluctance to engage with services, the caseworker initially made contact through outreach sessions, visiting Rachel on the street to gain a greater understanding of her current situation and the barriers as she saw them to making positive changes.**

It became clear that her self-esteem was incredibly low and she was frustrated that services had failed to understand her needs and had written her off. Rachel could see no future for herself in Hastings and, given the unhealthy associations there and her history of offending and substance misuse, she felt that an **out of area rehabilitation programme** could be the answer.

For the first two months of their work together the caseworker met Rachel **almost daily**, supporting her to **re-engage with services** including substance misuse services, probation, solicitors, adult social care, GPs and other health professionals. The caseworker also **coached her on her behaviour** and how to deal with impulsive reactions, and **supported her to attend court hearings** and organise legal representation. Together they developed an **action plan** to help Rachel engage with services to **improve her health and wellbeing** and to aid her recovery.

## Where we are now: A brighter future

**Since being assigned a Fulfilling Lives case worker, Rachel has instigated significant changes in her life.**

She has **engaged with health services** and is now receiving appropriate medical treatment and is **taking care of her health and hygiene**. She has avoided receiving a criminal conviction through seeking appropriate representation, **attending court** and behaving with **maturity** and **control** throughout a crown court trial. By her own admission this was not something she had managed previously. **Rachel has not reoffended since.**

**Rachel has also been accepted on an Inpatient detox programme at the local hospital, to be followed by a residential rehab in Portsmouth.**

# BHT Real Life Stories



## Sarah

combating homelessness

mental health &amp; wellbeing

legal &amp; advice

### Advice Services

When Sarah came into one of our advice centres in February 2015, she was street homeless and suffering from several mental and physical health conditions, exacerbated by a recent operation.

Sarah asked for our help to make a homelessness application to the local housing authority. We made the application and the local authority initially provided temporary accommodation while reviewing Sarah's case.

### BHT Advice **STATS**



Number of clients who were not eligible for Legal Aid and advised 'pro-bono':

**approx. 780**



## BHT and Client partnership: A Legal Process

**The Local Authority decided that Sarah was not vulnerable, and therefore not in priority need. She had to leave the temporary accommodation and found herself homeless again; rough sleeping on the streets.**

The Advice Centre appealed the decision. This time it was assessed by an **independent reviewer** who requested a number of time extensions, while Sarah continued to remain street homeless. Eventually, the reviewer upheld the decision that Sarah was not in priority need.

The BHT adviser again appealed this decision on a number of grounds, including that the medication that had been given to Sarah to address a health condition required access to toilets and that no public conveniences were open overnight. The decision was again upheld by the Local Authority, deciding that Sarah was not in priority need.

**Sarah's case was passed over to one of our housing solicitors who was able to prepare an appeal to the County Court.**

By this point Sarah had been provided with temporary accommodation again and this was due to expire before the County Court hearing. The solicitor sent draft papers of the appeal to the council and requested that temporary accommodation be provided pending the outcome of the appeal.

**This was accepted by the council.**

## Where we are now: A better outcome

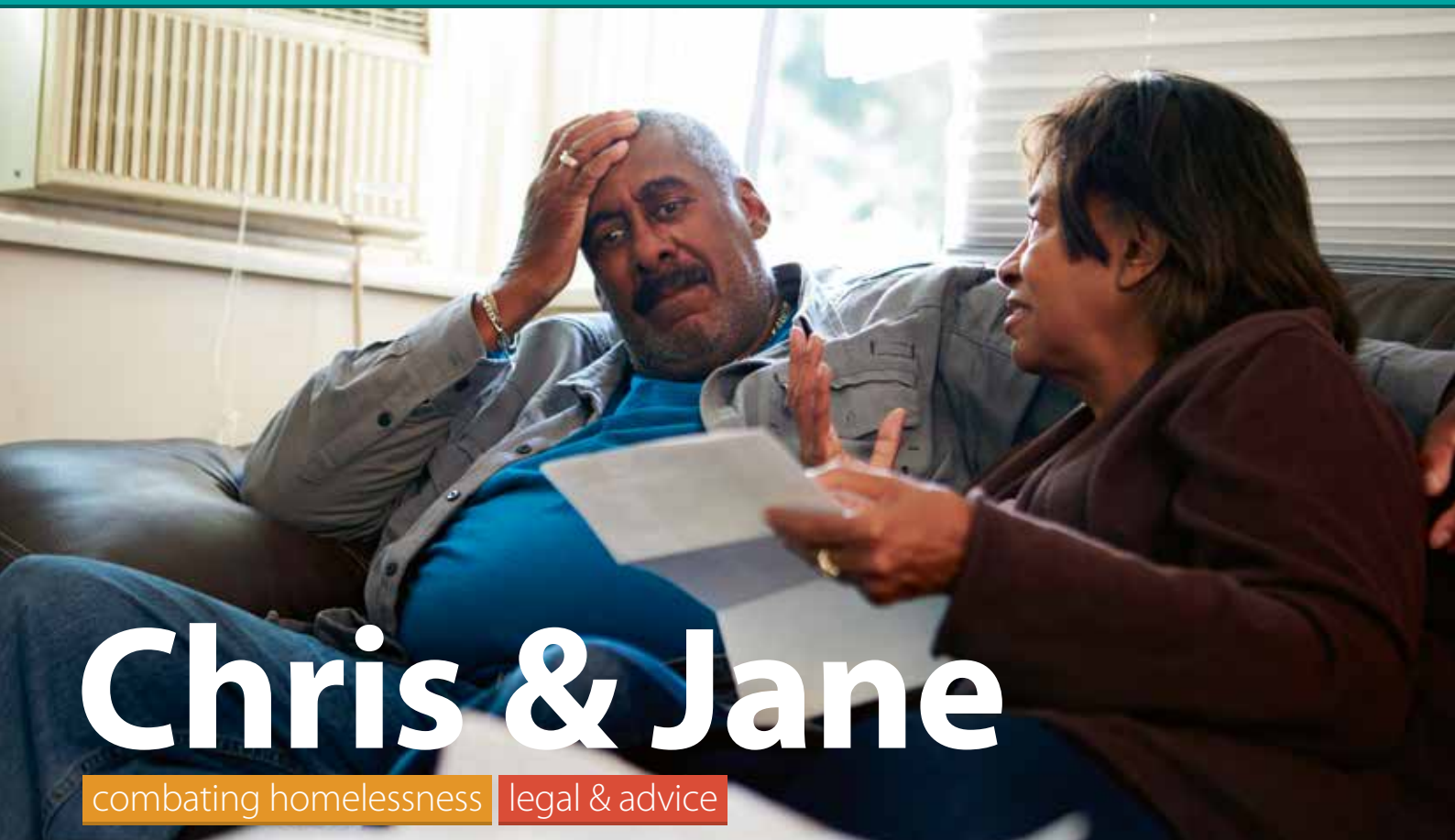
**Within two hours the council had looked at the draft appeal papers and backed down.**

It agreed to provide temporary accommodation pending the appeal. The same day the council issued a new decision letter stating that the client was in priority need and that a full duty was accepted to assist the client with housing.

**There was no need for the appeal to go ahead.**

**Without access to a housing solicitor, funded by the Legal Aid Agency, Sarah would have remained street homeless and her physical and mental health would have continued to deteriorate.**

# BHT Real Life Stories



## Chris & Jane

combating homelessness legal & advice

### Court Duty Scheme



**We had rented a property using some of our wedding money to pay for the deposit and rent.**

The landlord said we were in arrears, which we fiercely disputed. A week before Christmas we found ourselves in court. The BHT Court Duty Scheme adviser asked us if we had brought any paperwork with us to prove that we had paid the rent but we hadn't, we had nothing at all.

Time was limited before our names were called and the adviser was working fast to gather as much information from us as she could. The adviser told us that it would be tricky to save our home without any paperwork to prove our case and both our hearts sank.

### BHT Advice **STATS**



Successful outcomes at County Court Duty Possession Scheme:

**91%**



The thought of losing our home just before Christmas was heart breaking, but we had already prepared for the worst, taking down the Christmas decorations and telling the children that we may not be in our family home for Christmas this year.

**It was all very sad and we just couldn't believe it had come to this.**



**Our adviser promised she would give it her best shot and try to save our home – all we could do was hope.**

We went into the court room. The Judge queried the lack of evidence for the arrears and our adviser explained that we disputed the arrears and that there wasn't sufficient evidence to grant possession of the property.

She battled hard for us that day, claiming that we needed time to get some legal advice and to fight our case.

The Judge agreed and adjourned the case with each side having to file and serve certain information by certain dates.

We left that court room feeling a little bewildered and confused until our adviser explained what had just happened. She had saved our home for now, and we have never felt relief like it.

She explained that we needed to gather evidence by a certain date and she referred us to a BHT solicitor who took our case on.

Being able to go home and tell our children that we would be in our home for Christmas was the best Christmas present we could have asked for.



**We really can't thank our adviser enough for what she did for us that day.**

**She was so calm and understanding at a time when we thought we were about to lose so much.**

## BHT Advice **STATS**



Cases of homelessness prevented:

**436**

Savings to the state:

**£10,900,000**





# BHT Real Life Stories



# Millie

combating homelessness

recovery from addiction

mental health & wellbeing

## Mental Health Services / Whitehawk Inn

**Millie first came to BHT twenty six years ago, homeless with severe mental health problems, the result of a dysfunctional family.**

She was **helped into housing** but the following years were not easy. The struggle of being a single mother, repeated admissions to psychiatric hospitals, some drug use along the way.



I'm happier than I have ever been. I'm an independent woman standing on my own two feet, taking part in something quite extraordinary.



**I became disillusioned by the system and by the words help and recovery. Nothing worked. I felt dehumanised by mental health services. For years I lived as a hermit.**

Then one day I realised I couldn't go for help anymore. I had to help myself. I went to the Whitehawk Inn and did a creative writing course. It was the start for me. I discovered I had a bit of a flare for words. I made a couple of friends, and I got a bit of belief in myself. Computers scared me but I wanted to type up my work, like everyone else did. From there I did advanced computer courses, no easy for someone with OCD. I discovered a thirst for knowledge.



An opportunity came up for me to become a peer mentor in the Peer2Peer project, and I grew in leaps and bounds. I could be hostile and angry, but the project accepted me at my worst.

**It made me begin to like myself more. I discovered a purpose in life and could help turn others around.**

**Millie's next stage of recovery and development was to apply for BHT's Intern Programme:**



**I first had to fight for that intern position. The jury was out – could I cope in an office environment?**

I said I wouldn't let them down, and I didn't. I started running groups, using the skills I had learned in Peer2Peer; my life experience helped me engage with people with similar backgrounds. They could trust me. I had built up resilience. When my internship finished the staff made such a fuss of me with flowers, a book token and a card.

**But then Millie had a setback. She applied for a paid position, and didn't get it.**



**I was really angry. After all, I had put in such effort.**

I began to go into a depression. But I drew strength from the support I had gained over the years from the Whitehawk Inn, Peer2Peer and the Intern Programme.

So I applied again, lowering my expectations, and got the job! My life changed. My mental health has never been so good. Financially I am better off. Surprisingly, working full time in a pressurised job has made me more serene! I get tired, exhausted, but in a good way.

My CV was so patchy. I couldn't have got a job without the BHT's Intern Programme. It is the nearest thing to work you will find. It is a dress rehearsal for work. It is quite remarkable that people have been so open-minded that they would employ someone of my age and with my history, that someone would give me a chance. What they get from me is a professional worker with lived experience.

I could not have been happier when the Whitehawk Inn became part of BHT. They are my two favourite organisations! I am ambitious for the future. I want to stay with my current employer for as long as possible, and for as long as I can do there. But I have ambitions to work with troubled teenagers, to help them get on the right path.



**My message to those who are going through what I went through is about self-loathing, that you don't have to hate yourself.**

**If I died tomorrow, my life has come a full circle and I would be a happy woman.**

# BHT Real Life Stories



# Ian

combating homelessness

recovery from addiction

work, learning & employment

“

My confidence has increased and I've achieved more than I ever imagined I would in this space of time.

I would recommend the Intern Programme to anyone who's serious about getting back to work.

## Addiction Services / Intern Programme

**Ian, now 26, began experimenting with drugs and alcohol aged 12 and by 15 he was actively using heroin.**

He left school at 16 and had a number of part-time jobs, none of which lasted very long due to his increasingly chaotic heroin use.

By the time Ian was 19 he was living an erratic life of drug addiction, crime and homelessness. At 20 he received a 12 month custodial sentence for GBH. Upon release, with very little support in place, Ian returned to the same chaotic lifestyle and continued this way for the next four years.

## BHT Recovery from Addiction **STATS**



Clients still abstinent on average 18 months after treatment completion:

**74%**





Ian was enthusiastic and brought a lot of energy and ideas to the role.

The whole experience was of great benefit to our clients and staff and we're delighted to have Ian as a full time member of the team.

## BHT and Client Partnership: What we did to change things

### Ian had a lucky break, and was offered a place within BHT's Addiction Services.

After much **hard work** and **courage** on his part, Ian successfully completed BHT's residential rehabilitation treatment programme. He had shown **great promise** while volunteering with other BHT projects and wanted to take the **next step towards employment**. Ian joined **BHT's Intern Programme** in February 2015.

He was given an intern placement in a hostel for homeless men and women, working as a project receptionist. He made a **strong start** to his placement, **grading excellent on all areas** and scoring highly on his first **core employability** competencies. Midway through his internship, Ian had increased his working days to three a week and had been offered **paid work** on occasional weekends.

Ian wanted to use his personal development sessions to focus on **interview techniques** and how to discuss his criminal background with employers. We assisted him in **developing a strategy** in which he was pro-active, honest and up-front with this disclosure whilst focussing on the present: highlighting the time elapsed since his last offence.

## Where we are now: A brighter future

**A month before the end of his placement, Ian was encouraged by a number of colleagues to apply for a full time project worker post advertised by another homelessness organisation.**

**After a winning interview, Ian was given the job.**

### BHT Intern Programme **STATS**



Percentage of people on the programme recommended by previous beneficiaries:

**70%**

# BHT Real Life Stories

## Dan

combating homelessness mental health & wellbeing



The general public are used to seeing people on the streets.

I wasn't afraid of the public but I think they were afraid of me, afraid of the lower class, the unpredictable.

### First Base / Phase One

**Dan first began rough sleeping in 2003, at the age of 23, after losing his job as a bathroom sales consultant a result of taking time off due to undiagnosed mental health problems.**

He subsequently got into debt, suffered a nervous breakdown and, after exhausting his housing options with his family and friends, he began to live rough in a forest. He describes himself at this point, and for the next decade, as mentally very unwell.

After being barred from a local day centre Dan eventually ended up sleeping rough in Brighton. He was offered work by a man that he met on the street and, on and off for the next ten years, he travelled around the UK and Europe with a tarmacking and block-paving gang, working long days and sleeping in a caravan.

### BHT Mental Health & Wellbeing STATS



Clients reporting an improvement in their mental health:

# 92%



I was a mess when I first went to First Base. I would sleep in the day and walk around at night, scared of being stabbed at night.

First Base is the backbone of Brighton. Everything for rough sleepers evolves around it. Without First Base nothing would work. It's the first point for someone with nothing and nothing to lose, the first step to reintegrate into society.

First Base provides options, as well as food, groups and activities.

**Dan often found himself in unpleasant and frightening situations; witnessing fights, being around people with guns and machetes.**

He was regularly expected to steal petrol and food, and was exchanged by the gang masters to work with different gangs.

Dan was never paid for this work but didn't leave as the alternative was to go back to living on the streets. He was learning a trade, and hoped that one day they would pay him.

In 2013 Dan was sectioned under the Mental Health Act. He was placed in Millview Hospital and it was at this point he was diagnosed with schizophrenia, an illness which he believes first manifested in around 2003.



**Being sectioned saved my life.**

On the street my mind went. Depression destroys you, you don't want help so you go on a downward spiral. You either go mental or go in prison.

## **Where we are now:** The road to recovery

**After spending eight months at Millview, during which time he responded well to treatment, got plenty of rest and was able to sort out his benefits and debt problems, Dan was referred to BHT's Phase One hostel.**

From here he **continued with his medication**, and took on various **volunteer roles**, including being a **client representative**, and slowly began to **piece his life back together**.

**Dan now lives in one of Phase One's low support flats, which he shares with four other men, and is getting ready to move on. He has regained contact with his family and is hopeful he will work again in the future.**



# BHT Services Guide

## Accommodation for Work

Provides temporary, shared accommodation and support with work and learning.

Telephone: 01273 645440

Email: [afw@bht.org.uk](mailto:afw@bht.org.uk)

## Addiction Services

Working across Brighton and Hove to help people achieve abstinence and prevent homelessness by supporting them towards healthy, independent living.

Detox Support Project Drop in weekly session, open invitation, every **Tuesday, 2pm – 3pm** at **5 Egremont Place, Brighton, BN2 0GA**.

Recovery Project Drop-in weekly session, open invitation, every **Monday, 3pm – 4pm** at **10 Ditchling Rise, Brighton, BN1 4QL**

All referrals are via the Brighton and Hove gateway service, **Pavilions Partnership**, based at **26 Ditchling Road, Brighton, BN1 4SF**

## Archway

Enabling people with mental ill health who have a history of being devalued, disempowered or denied opportunities, to live as normal a life as possible.

Contact Brighton & Hove City Council's **Housing Options Team**, telephone: 01273 293127

## Brighton Advice Centre

Provides legal advice on housing issues and a court duty scheme in Brighton & Hove.

Appointments, telephone: 01273 234737

Drop in: **9.30am – 12.30pm** and **1.30pm – 4.30pm**, Monday to Friday.

Legal housing advice drop in sessions: **9.15am – 12.30pm** every day except Thursday.

## Eastbourne Advice Centre

Working throughout Eastbourne, Wealden and Lewes providing housing advice, a court duty scheme, the Macmillan Welfare Benefits Advice Service and the Eastbourne Housing Access Project.

Telephone: 01323 642615, Monday to Thursday, 9am – 5pm. Friday 9am – 4.30pm

Drop in: **Monday and Thursday, 1pm – 4pm**.

**Please contact us before attending.**

## Finding Futures

A Hastings-based personal, self development and motivational programme. Learners can improve their life skills and gain qualifications in English, Maths, ICT and employability skills.

Telephone: **01424 718984** Email: **finding.futures@bht.org.uk**

## First Base Day Centre

First Base offers a range of services to support people who are sleeping rough or insecurely housed in Brighton & Hove.

Rough Sleepers session: **8am, Monday to Friday.**

Activity sessions: **11am, Monday to Friday.**

Telephone: **01273 326844**

Email: **first.base@bht.org.uk**

## Fulfilling Lives

Working with people who have complex needs who are experiencing at least two of the following: homelessness, re-offending, problematic substance abuse, mental ill health.

Client beneficiaries for the project are identified through multi-agency case forums, rather than a direct referral process.

For details contact **Jo Rogers** on telephone: **07584 206153**

## Hastings Advice Centre

Working in Hastings and Rother to provide housing advice, a court duty scheme, and the Hastings Housing Access Project.

Telephone: **01424 721458**, Tuesday's and Thursday's from 1.30pm – 4.30pm

## Hastings Young People's Service

A supported housing project for homeless and vulnerable young people aged between 16 and 25 years old.

Referrals are made through **Hastings Borough Council**.

# BHT Services Guide

## Housing Services

**BHT's Housing Services tenants live in our community housing in Brighton and Hastings or in our leased accommodation in Brighton, Eastbourne and Hastings.**

Access to our **community housing in Brighton and Hastings** is through referrals from the local councils' housing departments.

Access to our **private sector accommodation** is through the **Housing Access Projects** in Eastbourne and Hastings, and through our **Private Rented Sector Solutions** team in Brighton.

## Intern Programme

**The BHT Intern Programme boosts the employment chances for people wishing to get back into work after long term unemployment.**

Intern Placements are available predominately to anyone who has used BHT or similar services, has a history of homelessness and / or has been long term unemployed.

Referrals can be made directly to the **Intern Coordinator**. Telephone: **01273 645444**

## Mental Health & Wellbeing

**BHT's Mental Health & Wellbeing Service supports men and women to improve and maintain their mental health and wellbeing.**

Please download the referral form at [www.bht.org.uk/services/mental-health-and-wellbeing](http://www.bht.org.uk/services/mental-health-and-wellbeing) and send it to **27 – 29 North Street, Brighton, BN1 1EB**

Email: [wellbeing@bht.org.uk](mailto:wellbeing@bht.org.uk)

Telephone: **01273 929471**

## Phase One

**Phase One is a 52 bed, high support hostel for single homeless men and women.**

Referrals are taken from **Brighton and Hove City Council (HOT EAST Team)**, the **Probation Service**, BHT's **Mental Health & Wellbeing service** and the **Rough Sleepers Street Services Team**.

Telephone: **01273 328285**

Email: [phase.one@bht.org.uk](mailto:phase.one@bht.org.uk)



## PRS Solutions

A range of services across Brighton, Eastbourne and Hastings to help people access accommodation in the private rented sector.

Visit [www.bht.org.uk/services/prs-solutions](http://www.bht.org.uk/services/prs-solutions) to find the service that is right for you.

## Route One

Support and accommodation for 53 adults with mental health support needs within Brighton and Hove.

Contact Brighton and Hove City Council's **Housing Options Team**, telephone: **01273 294400**

Route One office telephone: **01273 929470** for any general enquiries and advice on referral routes

## Shore House

20 units of accommodation offering intensive and high levels of support with staff on site 24 hours a day.

All new referrals need to be referred via the **Mental Health Placement Officer** who can be contacted by telephone: **01273 293198**

## Threshold Women's Services

A women's counselling and group work service in Brighton.

Telephone: **01273 929471**

## Whitehawk Inn

Provides information and advice about work & learning, and a range of support for people looking to go back to work.

Email: [whitehawkinn@whinn.org.uk](mailto:whitehawkinn@whinn.org.uk)

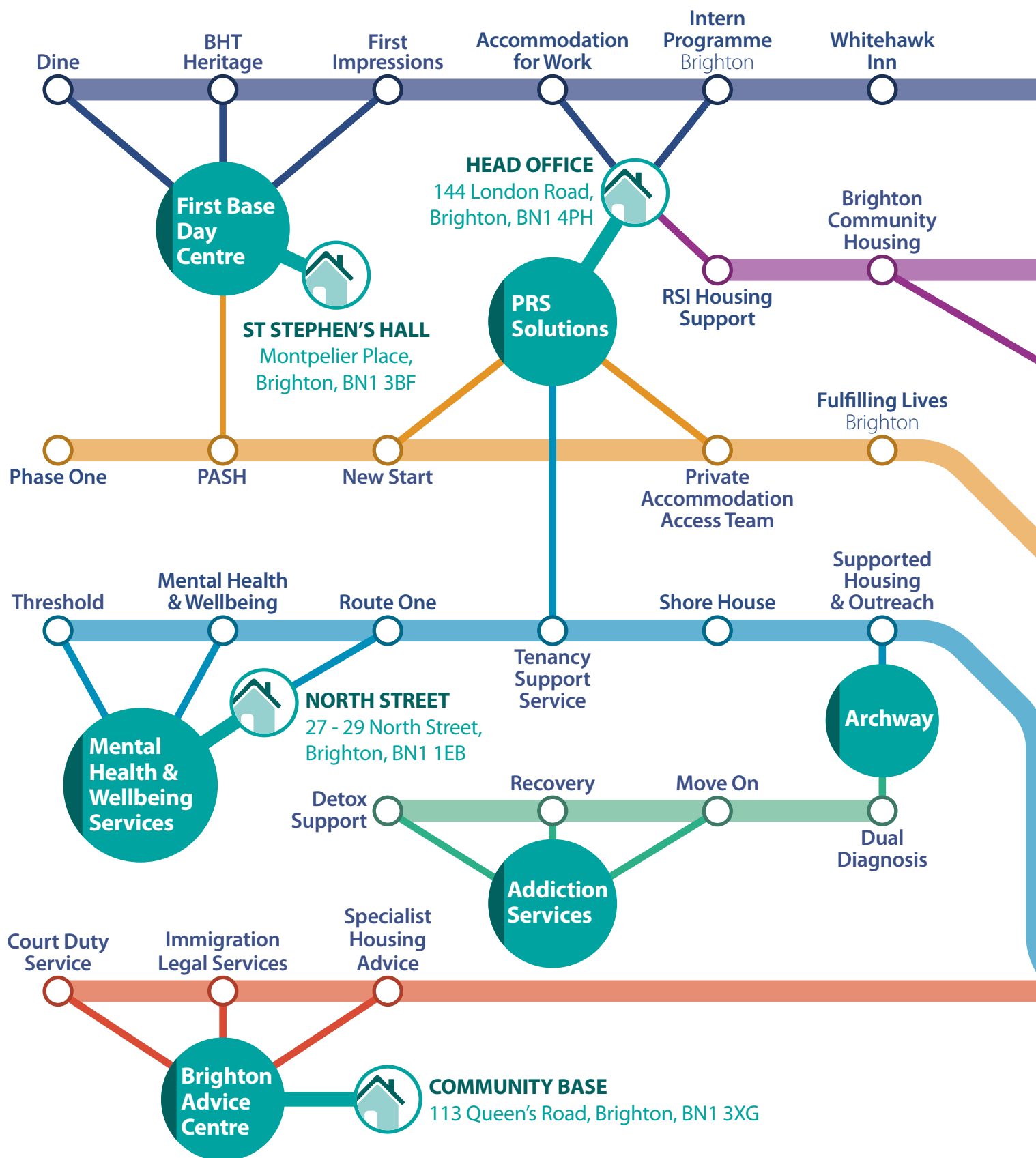
Telephone: **01273 682222**

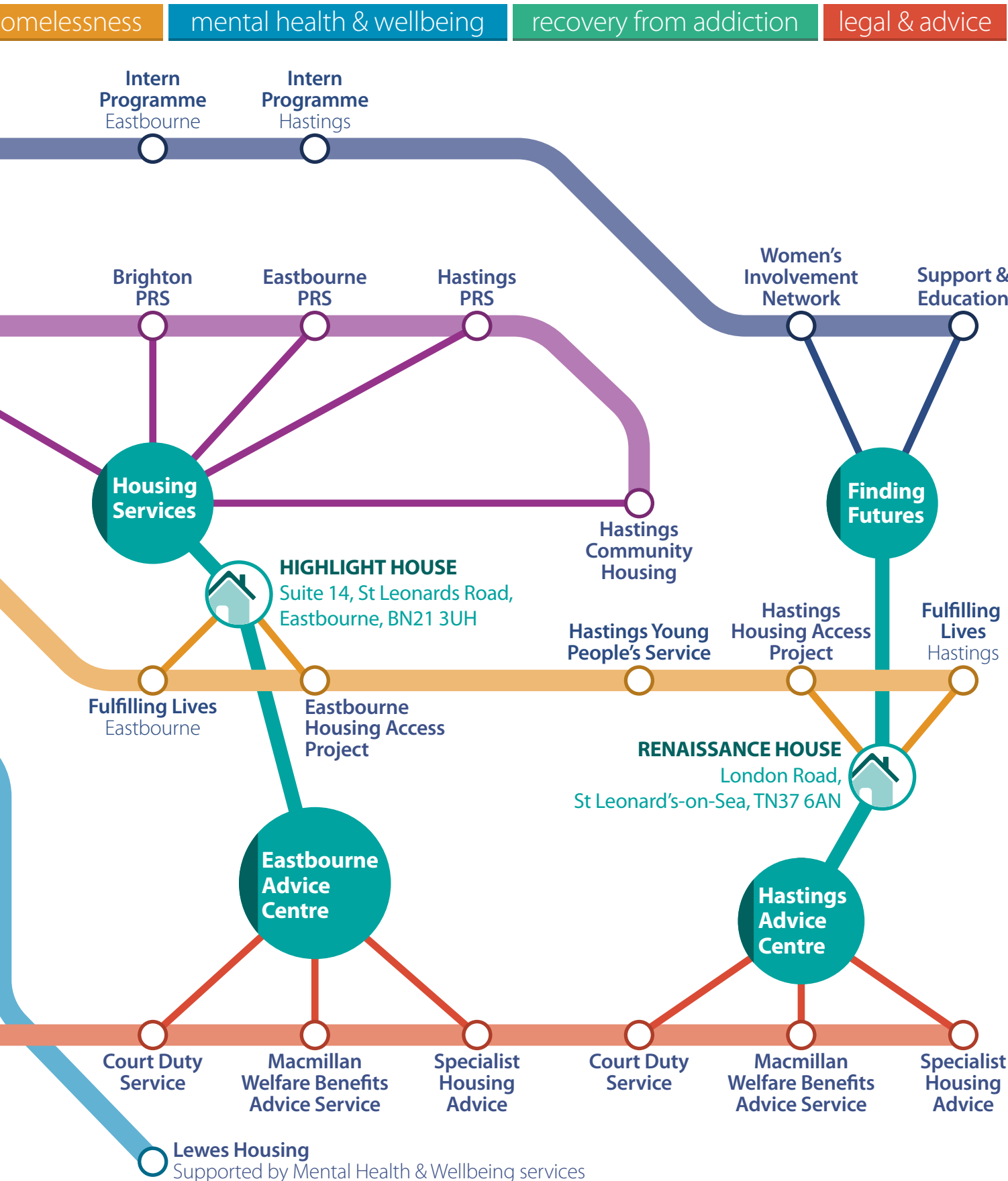
# BHT Services Roadmap 2016

work, learning &amp; employment

housing services &amp; housing support

combating h







# Get Involved!



We have a range of different fundraising events you can get involved with throughout the year, or you can organise your own event with our support – BHT t-shirts, balloons, banners, help to set up a social media campaign – all available on request.

## UPCOMING EVENTS



### First Base Christmas Collections

Saturday 28 November 2015, 1.30pm – 5.30pm, Brighton City Centre

Saturday 12 December 2015, 1.30pm – 5.30pm, Hove George Street

This Christmas BHT volunteers will be taking to the streets of Brighton and Hove to collect donations from generous shoppers.

We desperately need more volunteers to make the event a huge success.

You can volunteer **as much time as you can spare** on the day. The more people we can get the more money we can raise so **please invite all your friends and family**. Hot drinks and mince pies will be provided to all our lovely volunteers. Volunteers new to collecting will also receive **introductory training**, so everyone is welcome.



## Brighton Half Marathon

Sunday 28 February 2016

**Sign up today** and take part in the **best coastal Half Marathon race in the UK**. This award winning race is not to be missed!

## Brighton Marathon

Sunday 17 April 2016

Register for either race and you will get a **free running vest**, **great training offers**, **free group runs** and plenty of **support** and **encouragement**.

## Ultimate Brighton to Paris Cycling Challenge

Saturday 11 June 2016

You could be one of the **elite team** who gets to take on this **unique challenge**, whilst raising money to help people in Brighton who are **homeless** and **sleeping rough**.

## Brighton Pride Parade

August 2016

## Sponsored Dog Walk

September 2016

## Other ways you can help support BHT:



### Hold your own fundraiser

**Bungee jumps**, **abseils**, **cake sales** and **sponsored walks** are just some of the things supporters have done to raise money for BHT over the past year.

### Become a regular donor

**We need your support now more than ever.**

Please **donate today** and help someone who is homeless and vulnerable to get the support they need to **move on** from life on the streets, and on to a **more positive future**.

### Leave a legacy to BHT in your will

**Your legacy is an extraordinary opportunity to make a lasting difference and give something back to your community.**

Whatever your age or circumstances, leaving a Will ensures that your wishes, your loved ones and the **causes you care about** are provided for after you are gone.



Visit [www.bht.org.uk/support-us](http://www.bht.org.uk/support-us) for more information, or get in touch with Liz Davies or Jo Berry on 01273 645400.



# BHT Financial Information

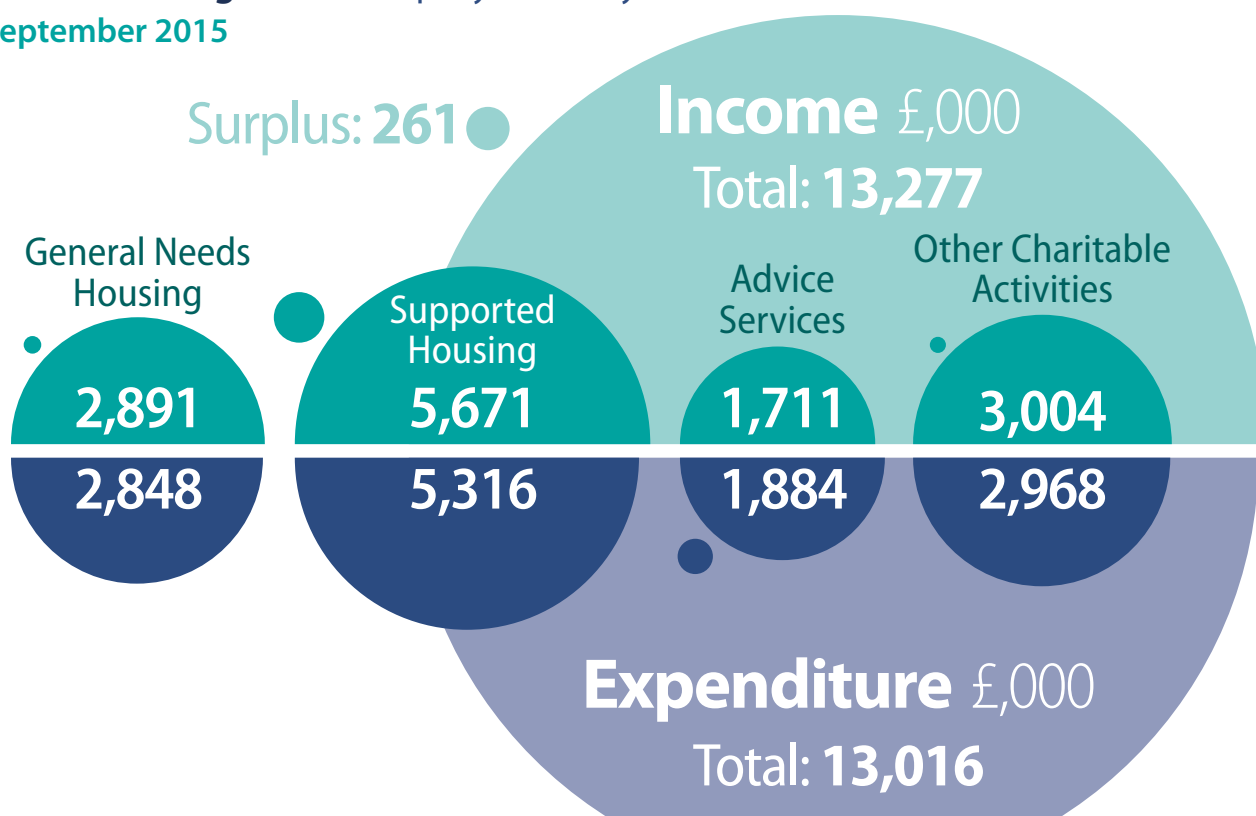
## TRUSTEES' STATEMENT

The summary financial information contained on these pages contains data from the management accounts of Brighton Housing Trust for the year ended 31 March 2015 and provides an overview of the income and expenditure for the year.

The full financial statements have been audited by **BDO LLP** and received an unqualified opinion. For further information the full audited financial statements, containing the Report of the Directors and the Auditors' reports, should be consulted.

All financial statements for the current and prior years are submitted to the **Charity Commission**, the **Homes and Communities Agency** and **Companies House** within the relevant statutory deadlines.

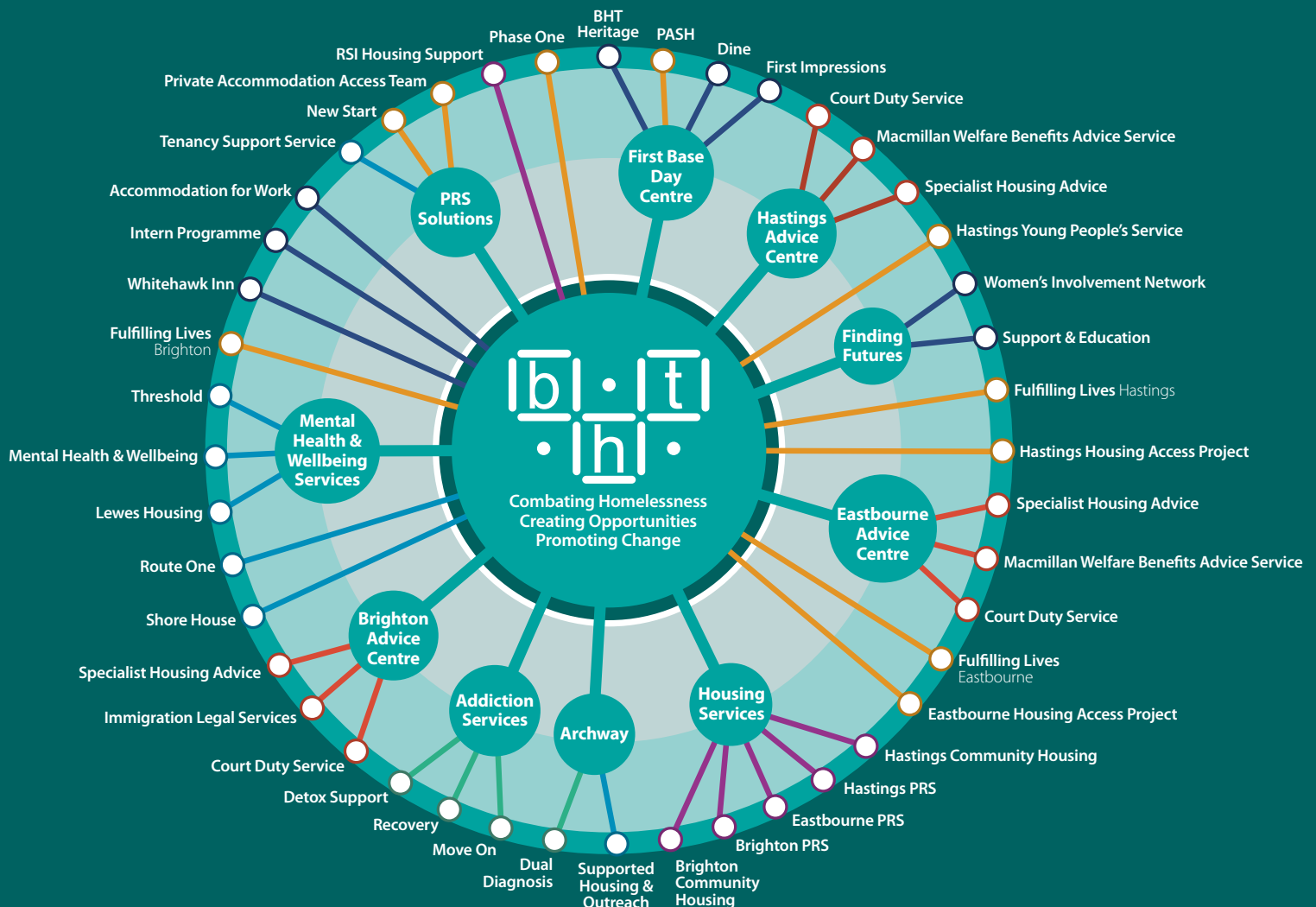
**Catherine Bridger** BHT Company Secretary  
September 2015



You can download the full report and financial statements at [www.bht.org.uk/bhtnews/publications](http://www.bht.org.uk/bhtnews/publications)



# Until Next Time...



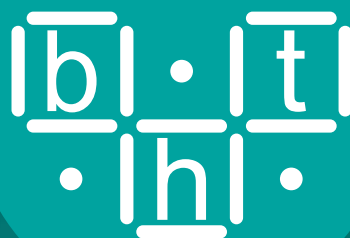
Look out for our next publication in June 2016



 @BHT Sussex

 [www.facebook.com/BHTSussex](http://www.facebook.com/BHTSussex)

 [www.justgiving.com/brightonhousingtrust](http://www.justgiving.com/brightonhousingtrust)



# THANK YOU

for your support



- Big Lottery Fund
- Brighton & Hove City Council
- Eastbourne Borough Council
- Hastings Borough Council
- East Sussex County Council
- The Mayor and Mayoress of Brighton of Hove, Cllr Brian and Norah Fitch, and the Mayor's Charity Committee.
- Legal Aid Agency
- MacMillan Cancer Support
- Wealden, Lewes, Brighton and Hastings Citizens Advice Bureaux
- Brighton & Hove Clinical Commissioning Group
- Heritage Lottery Fund
- The University of Brighton
- The University of Sussex
- Kent, Surrey and Sussex Probation
- Inspire Funding
- Garfield Weston Charitable Trust
- London Legal Support Trust
- Linton Charitable Trust
- Calypso Browning
- ROCC Computers Ltd
- Miss Ellis
- Paul Bonett
- Frances Valdes and Nigel Thomas
- Mr Mike Stimpson
- Mr Michael Chowen
- Lady Jane Lloyd
- Everybody who donates to and supports BHT
- Everyone who took part in one of our many fundraising events
- Everyone who kindly donated to our Christmas Appeal

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[www.bht.org.uk](http://www.bht.org.uk) Combating Homelessness, Creating Opportunities, Promoting Change