

Spring 2019



Opening times:
Monday to Thursday
9 am - 4 pm
Friday 11am - 1pm



Courses and workshops
Free Clubs
Money and Career Advice
Internships
Community Fridge
For People 18 – 80+
Enjoy drinks and snacks
Our sheltered garden
Access computers, low cost
Printing and Wi Fi
Call us to enquire about
Hiring office space
Or training rooms

The Whitehawk Inn

Whitehawk Road
(next to bus garage)
Brighton BN2 5NS

Bus routes:
1, 7, 21, 84



Tel: 01273 682 222
email: whitehawkinn@whinn.org.uk
www.bht.org.uk/services/the-whitehawk-inn



The Whitehawk Inn is a BHT project. Registered Charity No.284839
Regulator of Social Housing No.H1696 Company Ltd by Guarantee
No.1618610
Registered Office: 144 London Road Brighton East Sussex BN1 4PH



Advice and Skills

1 to 1 Advice and Guidance

Want to get on in work or learning? Our qualified advisers can support with job applications, interview tips and can give info about courses, agencies and community groups.

We focus on your needs, dreams and goals, investigating career choice and training paths, finding volunteering opportunities or preparing your CV.

FREE 1 hour appointments

FREE 1 to 1 Money Advice

Our advisor can help you to save and manage money, get online to find out about banking, budgeting, price comparison sites and switching energy suppliers. Support with Universal Credit claims. We can arrange appointments with specialist agencies for further expert advice if needed.

Youth Café

Friendly and chilled out afternoon sessions filled with arts, crafts and games for the youth of 11+.

Yummy snacks and drinks.

Volunteering opportunities and more!

FREE Mondays 3:30 pm - 5:30 pm

Worry Tree Café

Coffee, tea and The Worry Tree

Come and join staff and friends from the Broadway Surgery, form new friendships, foster new connections and find our community away from home.

Hosted by The Broadway Surgery

FREE Fridays 1:30 pm - 4 pm

Courses & Workshops

IT for Beginners

Covering basics of computers, including: using the mouse, terminology, Word, files and folders. Learn how to create documents, search the internet and use an email account.

**£15 Thursdays 24 Jan - 4 Apr
10 am - 12 noon**

Next Steps in IT

Covering computer terminology, using Word, creating a letter, as well as covering the Internet including using email attachments. Learn how to use more options as a follow-on from the beginner's course.

**£15 Thursdays 24 Jan - 4 Apr
1 pm - 3 pm**

Machine Sewing for All

Do you want to learn how to use a sewing machine? Gain confidence in your skills while creating a variety of items including a bag, cushion cover, purse and simple clothes.

Work towards a small project each week using recycled materials.

**£80 (£50 MTB) £15 EBPC / BLTL
Monday 14 Jan - 11 Feb and
4 Mar - 1 Apr 10:30—1 pm**

Time to Create

Making art accessible, this course aims to encourage creativity in a safe and positive space. Explore your creative side through a range of fun art activities that include drawing, model making and collage.

**£62.50 (£37.50MTB) £15 EBPC/
BLTL Thursday 17 Jan - 14 Feb and
7 Mar - 4 Apr 2 - 4 pm**



Drawing Techniques

Always wanted to draw? Need help to get back into it? This course will help you find inspiration, improve your drawing skills and boost your confidence. We will use a range of materials such as graphite, pencils, charcoal and pastels. This course is aimed at complete beginners or those wanting to improve on previous experience.

£62.50 (£37.50MTB) £15 EBPC

**Monday 14 Jan - 11 Feb and
4 Mar - 1 Apr 2 - 4 pm**

History: Elegance & Enlightenment: English Society in the 1800's

This was a time of enlightenment, the arts, culture, literature, the Grand Tour, scientific experiment and observance of nature. An age of travel improvement which led to coaching inns and the beginnings of consumerism, but also a period of great poverty. The history of era that was the beginning of our modern society.

£75 Residents/ £30 EBPC/ £10 MTB

**Wednesdays 16 Jan - 27 Mar
1 pm - 3 pm**

New! Singing Together

Relaxed, fun and socially engaging sessions designed to lift your spirits. Community singing through tailored vocal exercises and a wide variety of songs. Everyone welcome!

**£75/£25 Thursday 17 Jan - 21 Mar
10 am - 12 noon**

Coffee Making Course

Recreational coffee making course aiming to teach you how to make

americano, latte, mocha, cappuccino and coffee art. By Sandra Waters
**£10 Friday 18 Jan - 15 Feb
11 am - 12:30**

Impressionist Painting

You will learn to design and create your own work. You will discover how to use artistic licence and expressive brushwork to create loose, impressionistic paintings in acrylic.

**£75/ £25 Tuesday 15 Jan - 19 Mar
1 pm - 3 pm**

Interview Tips

Designed to quell pre-interview nerves and increase confidence, practical pre-interview checklist and share tips for predicting interview questions. This workshop will see you through an interview from beginning to end.

FREE TBC

CV Workshop

Information on how to create and update your own CV. Share your experiences with others in a similar situation. Hints and tips on content and formats, personal profiles and ways to use your CV effectively.

FREE TBC

Made of Money (4 weeks)

Do you want to be a savvy spender? Come along to this informal four week course, where we will share tips on saving money. Includes: food tasters, games and activities.

FREE TBC

Routes Internship Programme



We are looking for people aged 18 - 80+ who are unemployed and not in education and would like to join our 12 week **Barista** internship programme.
Call: **01273 682222**

FREE Clubs

No need to book, just turn up.

Drama Club

Join the fun, sociable drama group - work on performances, improve your confidence and gain new skills.

Mondays 14 Jan - 25 Mar
11.30 am - 12.30 pm

Gadget Surgery

Having a problem with your PC, tablet or is your smartphone making you feel the opposite? At Whitehawk Inn's very own Gadget Surgery we will listen, investigate and solve the problem, show you how to do it, or give you the best advice we can.

Tuesdays 15 Jan - 26 Mar
10 am - 2 pm

Creative Writing Club

Come along and enjoy social, creative writing sessions.

Mondays 14 Jan - 25 Mar
2 pm - 4 pm

Games Club

Enjoy new and traditional word games in the best of company.

Thursdays 10 am - 12 noon

Open Discussion Group Forum

New group dedicated to open debate and expression.

Thursdays 12.30 pm - 2.30 pm
24/Jan, 07/28 Feb, 14/28 Mar,

Book Club

Come along to this friendly and informal book group that meets to discuss interesting books available from the library.

Mondays 2 pm - 4 pm
7 Jan 4 Feb 4 Mar

Knitting Club

Enjoy knitting or crocheting? Want to learn how? Come along, meet new people and have fun!

Tuesdays 15 Jan - 26 Mar
10 am - 12 noon

'Job Drop Inn' and Moneyworks Education

Access to computers for job search, applications and career research, with support from an Adviser. Our Moneyworks Education Adviser will also be on hand to help with the Universal Credit application process and queries, with tips on how to make the most of your money. Improve your CV and check out our jobs board for current vacancies.

FREE Tuesdays 2 pm - 4 pm

Thank you to all our partners and funders

