

Spring 2020



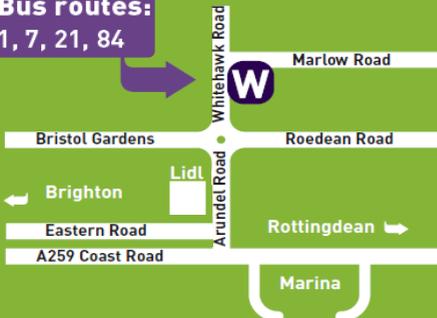
Opening times:
Monday to Thursday
9.00 am - 4.00 pm
Friday 11.00 am - 1.00 pm



The Whitehawk Inn

Whitehawk Road
(next to bus garage)
Brighton BN2 5NS

Bus routes:
1, 7, 21, 84



Tel: 01273 682 222
email: whitehawkinn@whinn.org.uk
www.bht.org.uk/services/the-whitehawk-inn

Courses and Workshops

Free Clubs

Money and Career Advice

Internships

For People 18 – 80+

Enjoy drinks and snacks

Access computers, low cost

printing and free Wi Fi

Call us to enquire about

hiring office space

or training rooms



The Whitehawk Inn is a Brighton Housing Trust project.
Registered Charity No.284839 Regulator of Social Housing No. H1696
Company Ltd by Guarantee No. 1618610
Registered Office: 144 London Road Brighton East Sussex BN1 4PH



Routes Career Programme

We are looking for people aged 18 - 80+ who are unemployed and not in education and would like to join our 12 week internship programme

Free Employability Workshops:

Effective Job Search

This workshop is packed with proven, practical and effective techniques and advice to help you find a job: where and how to look for work, how to make a work search plan, how to carry out and evaluate your search.

Tuesday 4 Feb

10.30 am - 12.30 pm

The Perfect CV

Whether you are re-entering the job market or changing career, this workshop will help you produce a CV that stands out from the competition.

Tuesday 11 Feb

10.30 am - 12.30 pm

Successful Interviewing

Practice skills and develop confidence for interview success. Learn how to prepare for job interviews, types of questions, and how to cope with stress on the day.

Tuesday 25 Feb

10.30 am - 12.30 pm

Career Finder

This workshop will help you to investigate your strengths in relation to career choices and look at options available to plan your future.

Tuesday 3 Mar

10.30 am - 12.30 pm

Courses & Workshops

Introduction to IT

New to computing and IT? Then this course is for you. Learn computer basics including how to use a mouse and keyboard, word processing, organising files and folders, searching the internet and sending and receiving email. Suitable for complete beginners.

£15 Tuesdays 21 Jan - 31 Mar

10.00 am - 12.00 noon

Next Steps in IT

Develop your IT skills further on this course. Learn more about what you can do with Word - including creating posters, adverts and letters. Find out more about using the internet for online shopping and planning your journeys with Google Maps. Improve your knowledge of email including how to create groups, forwarding and deleting emails. Suitable for those who have already completed an Introduction to IT course or for those with some knowledge of using Word, Internet and email.

£15 Tuesdays 21 Jan - 31 Mar

1.00 pm - 3.00 pm

Art For All

A course for students to explore their own creativity through the medium of their choice. We will be looking at mixed media, watercolour, pastel, acrylic, pen and ink, charcoal and much more. Students will be given group demonstrations and one to one tuition to help them develop their own style and projects. We will also be looking at the work of a variety of past and present artists. For beginners and intermediate.

£80.00 / £25.00 concessions

Tuesdays 21 Jan - 24 Mar

1.00 pm - 3.00 pm

Printmaking for All

An exciting opportunity to try out a variety of printmaking techniques. Try mono printing and create simple relief blocks using card and press print. Design and carve a lino block, learn how to ink-up and print by hand, experiment with coloured inks and try out a variety of papers. Develop your own creative ideas into prints. There will be tutor demonstrations, printed samples and examples of the work of other printmakers. Suitable for all. Cost includes a small fee for material.

£82.00 / £52.00 MTB /

£15.00 EBPC / BLTL

Mondays 27 Jan - 9 Mar

10.00 am - 12.00 noon

Drawing for Beginners and Improvers

Always wanted to draw? Need help to get back into it? This course will help you find inspiration, improve your drawing skills and boost your confidence. We will practise both traditional and experimental drawing techniques, studying a stimulating variety of subject matter. We will use a range of materials such as graphite, pencils, charcoal, ink and pastels. This course is aimed at complete beginners or those wanting to improve on previous experience. New learners are welcome each term and current learners are encouraged to return to develop their skills further.

£100.00 / £60.00 MTB /

£15.00 EBPC / BLTL

Wednesdays 29 Jan - 25 Mar

2.00 pm - 4.00

Classes at the Manor Gym

Pilates

£65.00 / £20.00

Thursdays 30 Jan - 26 Mar

9.30 - 10.30 am



Machine Sewing for Beginners and Improvers

Do you want to learn how to use a sewing machine or improve your current skills? This course is aimed at complete beginners and those with some experience. Learn how to thread your machine, adjust stitch size and styles and trouble shoot basic problems as they arise. During this practical course you will gain confidence in using the sewing machine whilst creating a range of items including a cushion cover, tote bag, purse and simple clothes.

£125.00 / £75.00 MTB /

£15.00 EBPC / BLTL

Mondays 27 Jan - 23 Mar

10.00 am - 12.30 pm

History: In the Shadow of the Century: Edwardian Britain 1900-1914

A short period of peace and prosperity before the First World War. Edwardians 'saw themselves at the beginning of a new century of promise' (A.J. Taylor). The wealthy were extremely rich, and the working class were beginning to voice concerns. This was a time of struggle for women's rights and the courage of the Suffragettes. An interesting period of social, domestic and working life.

£20 / £20EBPC / £10 MTB

Wednesdays 15 Jan - 25 Mar

1.00 pm - 3.00 pm

FREE CLUBS AND ADVICE

Free computer access and help getting online for job search and career related queries; from one session to on-going support.

1 to 1 Advice and Guidance

Support in a variety of areas including C.V. writing, application and interview tips and support, careers, getting online, courses (including I.T., English and Maths), accessing support services and more. You can be supported to overcome and resolve problems, to be signposted to the right services and to set goals and achieve a positive change.

Drop-in and by appointment

1 to 1 Money Advice

Our advisor can help you with your finances, to save and manage money, to get online to find out about banking, budgeting, price comparison sites and switching energy suppliers. Support with housing and Housing Benefit, Council Tax and Universal Credit claims and we can arrange for appointments with specialist agencies for further advice if needed.

Drop-in and by appointment

Gadget Surgery

Having a problem with your PC, tablet or smartphone? At Gadget Surgery we will listen, investigate and solve the problem, show you how to do it, or give you the best advice we can.

**Tuesdays 7 Jan - 31 Mar
10.00 am - 2.00 pm**

Knitting Club

Enjoy knitting or crocheting? Want to learn how? Come along, meet new people and have fun!

**Tuesdays 7 Jan - 31 Mar
10.00 am - 12.00 noon**

Book Club

Come along to this friendly and informal book group that meets to discuss interesting books available from the library.

**Mondays 6 Jan 3 Feb 2 Mar
2.00 pm - 4.00 pm**

Drama Club

Join the fun, sociable drama group - work on performances, improve your confidence and gain new skills.

**Mondays 6 Jan - 30 Mar
11.30 am - 12.30 pm**

Creative Writing Club

Come along to this friendly group and enjoy social, creative writing sessions.

**Mondays 6 Jan - 30 Mar
2.00 pm - 4.00 pm**

Youth Café

Friendly and chilled out afternoon sessions filled with arts, crafts and games for those of 11+. Yummy snacks and drinks. Volunteering opportunities and more!

FREE Mondays 3.30 pm - 5.30 pm

Worry Tree Café

Coffee, tea and The Worry Tree

Come and join staff and friends from the Broadway Surgery, form new friendships, foster new connections and find our community away from home.

FREE Fridays 1.30 pm - 4.00 pm

Thank you to all our partners and funders



LOTTERY FUNDED



European Union
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Social Fund



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ADULT LEARNING
GROUP



MONEYWORKS
Brighton & Hove



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