

Mental Health Support Co-ordinator **Emotional Wellbeing Service SUSSEX** Person Specification Ref: 1065

Person Specification

This post requires that the post holder has the following skills and experience to fulfil the job description.

When completing your application form, in section 6 "Person Specification" please address yourself to each of the points marked with an asterisk *. Please number each point and clearly explain how your experience, skills and knowledge meet the requirements specified.

Application forms without this completed section will not be accepted.

Essential Experience:

*	1.	Evidence of previous training or learning (formal or informal) which relates to supporting adults who have mental health needs, along with excellent literacy, IT and verbal communication skills.
*	2.	Equivalent to NVQ IvI 2/Diploma IvI 2**, or willingness and ability to work towards this
*	3.	Knowledge of current practices and concepts relevant to the service (e.g.: mental health; personality disorder; housing; community development; homelessness; young people.)

Skills / Ability / Knowledge:

*	4.	Broad knowledge, proven skills and/or training in working with service users on a one-to-one basis using appropriate theories, methods and skills in order to promote individual service users' ability to better manage their problems and difficulties.
*	5.	Able to work with service users to construct good assessments of needs for services/personal development.
	6.	Knowledge of and a commitment to user led services and able to promote independence and focus on strengths and recovery.
	7.	Ability to travel to sites within the specified areas as required.
*	8.	Skills and abilities around working in partnership with others/multi-agency working to provide support within a health and social care setting
	9.	Ability to learn and effectively use Digital and IT systems to support patients and share information and record and report on activity

Other / Desirable

 10.	Any formal qualification or training in relation to mental health, counselling or
	working with people with mental health problems.
 11.	Lived experience within your area of expertise (e.g. mental ill health,

BHT Sussex

| homelessness) and confidence to use in a way that supports the recovery of others.

* 12. Commitment to social inclusion, equal opportunities and promoting diversity.