



### **Pathfinder Emotional Wellbeing Service**

This is an exciting opportunity to join and help develop an innovative new service to deliver mental health support within GP surgeries. BHT Sussex works within Pathfinder West Sussex ([www.pathfinderwestsussex.org.uk](http://www.pathfinderwestsussex.org.uk)), a well-established alliance of organisations, including NHS Mental Health Services, working together to enable local people with mental health support needs and their carers to improve their mental health and wellbeing. BHT Sussex leads Pathfinder services in the Mid Sussex & Crawley areas.

We have a person-centred ethos which aims to build on people's strengths and increase their knowledge, skills, and confidence to manage their own mental wellbeing with the support of experienced staff. The new Pathfinder Emotional Wellbeing Service will make this support available in GP surgeries for the first time.

**Mental Health Support Co-ordinator**– full time, 9am – 5pm Monday - Friday

**Salary: £25,192 per annum**

**5.5% employer's pension contribution (the level of this is reviewed annually).**

**37 hours per week, based across East Grinstead with some remote working**

**Annual Leave entitlement starts at 25 working days**

Could you make a difference to local people? We are looking to complete our brand-new team of Mental Health Support Co-ordinator in a new and exciting service based in GP surgeries across East Grinstead. You will be joining a passionate team who work together to support individuals with mental health needs across East Grinstead.

The successful applicant will provide recovery focused 1:1 sessions, assessments, and risk assessments. The role will also involve managing a caseload, working within a team, and building a rapport with the GP surgery/surgeries that they're based in. As a Mental Health Support Co-ordinator, you will see patients individually, supporting them to identify what they need and helping them to work on issues and access local support to meet these needs including local Pathfinder services. You will be able to take a holistic and flexible approach in your work with individuals supporting around both social and psychological issues that arise. You may also run practice-based groups and well-being sessions where these needs are identified.