



## Support Worker (Fixed Term)

### Route One

### Job Details

**Ref: 0919**

#### BHT Sussex

BHT Sussex is a charity and a registered housing association working in Brighton and Hove, Eastbourne, Hastings and other parts of Sussex.

BHT Sussex's Mission is to combat homelessness, create opportunities, and promote change and aims to achieve this Mission through a network of interlinked projects. By providing direct, practical services combined with a commitment to challenge the causes of poverty and inequality, we hope to achieve a supportive structure which men and women can use in a variety of ways to improve the quality of their lives.

#### Route One

Route One provides accommodation for sixty adults presenting with a range of mental health diagnoses, including: Schizophrenia, Bipolar Disorder, Personality Disorder, Depression, OCD, PTSD, those with a dual diagnosis, and people experiencing the effects of complex trauma.

The service provides a dynamic, flexible approach to supporting people with mental health and complex needs, incorporating the recovery model, trauma informed care, and working within a psychologically informed framework in a social care setting.

The project offers a variety of accommodation:

- Carlisle Road: 14 self-contained flats
- Aymer Road: 14 self-contained flats
- Bear Road: 6 self-contained flats
- Westbourne Gardens: 1 self-contained flat and 4 units of shared accommodation
- Sackville Gardens: 1 self-contained flat and 4 units of shared accommodation
- Chelwood Close: 5 units of shared accommodation
- Dorset Gardens: 6 units of shared accommodation
- Belle Vue Gardens: 5 units of shared accommodation. Specialist women-only Service.

The service works closely with primary and secondary health services, statutory and third sector services. Multi-agency support and risk reviews are led by each client's allocated support worker. Asset based 1:1 and group work are provided, within a flexible range of 2-8 support hours per week, based on individual need. The overarching aim is to move people on to independent living within two years. The Outcomes Star is the primary tool for measuring change.

Key Service outcomes:

- To promote mental health recovery
- To increase independence and improve independent living skills
- To work in partnership with statutory mental health services in Brighton and Hove.

## Route One Support Worker Job Summary

The role of the Support Worker is to provide housing-related and flexible tailored support to people with mental health and complex support needs. They will be responsible for a caseload of clients, and provide a range of 1:1 and group-work support; this will include supporting clients to:

- Access mental health/addiction/health services
- Ensure income maximisation, including support to obtain work, learning, and voluntary opportunities
- Understand financial planning, including budgeting, saving, paying utilities, paying rent.
- Prepare to move on to independent living, including life-skills, arrears prevention, behaviour change
- Improve their mental health and wellbeing, including the use of recovery-focused support and safety tools
- Maintain their accommodation, including health, safety, and hygiene support

The support worker will take on the role of House Lead, and will be responsible for the health, safety, and upkeep of designated properties. This will include being responsible for:

- Undertaking regular health and safety inspections - fire, client rooms, internal and external inspections.
- Liaising with maintenance contractors
- Cleaning and preparation of void rooms, including the upkeep of communal areas.

The support worker will also be responsible for liaising effectively with statutory mental health services, including the coordination of joint support and risk planning.

## Salary

The salary is paid monthly in arrears and will commence at £23,833 per annum. Additional payments will be made for responsive on call cover, if support out of hours is required. A 5.5% employer's pension contribution is also paid. The level of this contribution is reviewed annually.

## Hours of Work

The hours of work for this post will be 37 hours per week.

- 9am – 5pm Monday to Friday -with one day a week finishing at 4.30pm
- Working one weekend a month 10am - 6pm Saturday and Sunday.

Flexibility will be required.

BHT Sussex does not pay overtime but will grant time off in lieu if agreed by the service manager. Participation in responsive on call cover if support is required out of hours.

## Annual Holidays

The annual leave entitlement will be 185 hours (25 working days), rising 1 day for each year of service to a maximum of 222 hours (30 days) pro rata. All public bank holidays are granted with two extra statutory days, to be taken over the Christmas period.

Closing Date: 12 noon, Monday 27th June 2022

Interview Date: Tuesday 5 July 2022

An Enhanced DBS Check (Disclosure and Barring Service) is required for all successful applicants as a condition of employment for this post.