

# Need to gain experience and learn new skills?

**The ESP Programme could be just what you're looking for.**

All placements focus on the same key employability skills that increase your chances of finding work. In the first half of placements we focus on getting to grips with the workplace, and in the second half, we focus more on your professional development and what you would like to achieve.



## Contact Us



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## Employability and Skills Placement (ESP) Programme



**LEVELLING  
UP**



## What is the ESP Programme?

The BHT Sussex ESP Programme offers up to six month work placements that provide you with the training, skills and experience to help you become more employable.

We have a range of opportunities within BHT Sussex and local organisations for individuals interested in gaining work place skills and experience.



## Who is the ESP Programme for?

The ESP Programme supports people facing barriers to employment due to their background, skills and experience, who are long-term unemployed or never previously employed, in receipt of benefits, and a Brighton & Hove resident.



## What participants think:



**"I'm now living my best life in my dream role"**

**"It gave me a sense of belonging, purpose, and boosted my self-esteem"**

**"I've learnt so much, it's brilliant"**



## What will I get out of the programme?

- Access to high quality training.
- A dedicated mentor to provide guidance and support.
- Travel expenses reimbursed.
- A tailored personal development plan.
- The opportunity to develop key employability skills.
- Valuable work experience.
- Help with CV's, application forms, interviews, and job-searching.
- References and training certificates.

