



# Support Worker Maternity Cover (Temporary Contract up to May 2024)

## Route One

## Job Details

Ref: 424

### BHT Sussex

BHT Sussex is a charity and a registered housing association working in Brighton and Hove, Eastbourne, Hastings and other parts of Sussex.

BHT Sussex's Mission is to combat homelessness, create opportunities, and promote change and aims to achieve this Mission through a network of interlinked projects. By providing direct, practical services combined with a commitment to challenge the causes of poverty and inequality, we hope to achieve a supportive structure which people can use in a variety of ways to improve the quality of their lives.

### Project / Department Details

Route One provides accommodation for fifty adults presenting with a range of mental health diagnoses, including: Schizophrenia, Bipolar Disorder, Personality Disorder, Depression, OCD, PTSD, those with a dual diagnosis, and people experiencing the effects of complex trauma.

The service provides a dynamic, flexible approach to supporting people with mental health and complex needs, incorporating the recovery model, trauma informed care, and working within a psychologically informed framework.

The project offers a variety of accommodation:

- Carlisle Road: 14 self-contained flats
- Aymer Road: 14 self-contained flats
- Westbourne Gardens: 1 self-contained flat and 4 units of shared accommodation
- Sackville Gardens: 1 self-contained flat and 4 units of shared accommodation
- Dorset Gardens: 6 units of shared accommodation
- Davigdor Road: 9 flats (4 two-bedroom flats and 1 self-contained flat)

The service works closely with primary and secondary health services, statutory and third sector services. Multi-agency support and risk reviews are led by each client's allocated support worker.

Asset-based 1:1 and group work are provided, within a flexible range of 2-8 support hours per week, based on individual need. The overarching aim is to move people on to independent living within two years. The Outcomes Star is the primary tool for measuring change.

Key Service outcomes:

- To promote mental health recovery
- To increase independence and improve independent living skills
- To work in partnership with statutory mental health services in Brighton and Hove

## Job summary:

The role of the Support Worker is to provide housing-related and flexible tailored support to people with mental health and complex support needs. They will be responsible for a caseload of clients, and provide a range of 1:1 and group-work support; this will include supporting clients to:

- Access mental health/addiction/health services
- Ensure income maximisation, including support to obtain work, learning, and voluntary opportunities
- Understand financial planning, including budgeting, saving, paying utilities, paying rent.
- Prepare to move on to independent living, including life-skills, arrears prevention, behaviour change
- Improve their mental health and wellbeing, including the use of recovery-focused support and safety tools
- Maintain their accommodation, including health, safety, and hygiene support

The support worker will take on the role of House Lead, and will be responsible for the health, safety, and upkeep of designated properties. This will include being responsible for:

- Undertaking regular health and safety inspections - fire, client rooms, internal and external inspections.
- Liaising with maintenance contractors
- Cleaning and preparation of void rooms, including the upkeep of communal areas.

The support worker will also be responsible for liaising effectively with statutory mental health services, including the coordination of joint support and risk planning.

## Salary

The salary is paid monthly in arrears and will commence at £25,948.00 A 5.5% employer's pension contribution is also paid. The level of this contribution is reviewed annually.

*Additional payments will be made for responsive on call cover, if support out of hours is required*

## Hours of Work

The hours of work for this post will be 37 hours per week. Working 9am to 5pm Monday to Friday finishing at 4.30pm one day a week, with one weekend a month (9am to 5pm), time off in the week is granted for these two shifts. Flexibility will be required.

BHT Sussex does not pay overtime but will grant time off in lieu if agreed by the service manager.  
*Participation in responsive on call cover if support is required out of hours.*

## Annual Holidays

The annual leave entitlement will be 27 working days, rising 1 day for each year of service to a maximum of 32 days pro rata. All public bank holidays are granted.

**Closing Date:** 12pm Monday 13<sup>th</sup> November 2023

**Interview Date:** Tuesday 21<sup>st</sup> November 2023

**We regret that we are unable to reply to every job applicant. However, if you are called for interview, you will be notified within seven days of the closing date.**

**An Enhanced DBS Check (Disclosure and Barring Service) is required on all successful applicants as a condition of employment for this post.**

**BHT operates an Equal Opportunities Policy**

**As an employer we prioritise the safety of our workforce and clients therefore we promote the uptake of Covid19 vaccinations.**