Job Summary

The successful candidate should be empathetic, have experience supporting those with wellbeing needs. The role will involve managing a varied caseload through assessment and one to one support to inspire hope and motivate clients to work towards their chosen goals whilst promoting their mental and physical wellbeing, taking into account the person’s wider social determinants of health. You will also be involved in delivering a part of the group programme and have the opportunity to supervise one of the wider team. You will have the ability to work autonomously and to take responsibility for an area of development within the service

Responsible To:

a) BHT Sussex Staff

b) Community Services Manager

Responsible For:

a) BHT Sussex Staff

b) Pathfinder and BeOK Service Clients

Significant Working Relationships:

a) BHT Sussex staff

b) Pathfinder Organisations including Pathfinder Clinical Service

c) Pathfinder Mid Sussex & Crawley Team

Duties / Responsibilities:

* To provide support within a prescribed location/service, as defined in your terms and conditions of employment.
* Help organise events including wellbeing events.
* To represent the service at local meetings with external partners and stakeholders, as well as within the practice and BHT Sussex during organisational meetings.
* Engage proactively with partners to share best practice and support roll out where required.
* Provide timely telephone, video call and face to face mental health support to clients who have referred to Pathfinder support services.
* Assess needs and risks using the Pathfinder framework, and processes.
* Support clients to identify their needs and goals and facilitate development of personal support and recovery plans with clients.
* Liaise regularly with and refer any clinical needs or issues to the Pathfinder Clinical team particularly ensuring any presenting risks are fully discussed and addressed.
* Facilitate and support clients to access local community mental health resources and services particularly to engage with Pathfinder services.
* Use a range of psychosocial tools and approaches to support clients with mental health needs to problem solve and self-manage their mental health including running group activities at the practice and within Pathfinder services where common needs are identified.
* Maintain accurate and up to date records of work using agreed systems within practices and BHT Sussex and to report on work activity as requested.
* Undertake other tasks and duties as required to meet the requirements of the service.
* To ensure that Pathfinder and BHT Sussex’s policies around safeguarding adults and protecting children are always adhered to.
* To ensure that all aspects of Health & Safety, Data protection and Diversity and Inclusion compliance are adhered to in line with BHT Sussex policies and procedures.

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No job description can cover every issue which may arise within the post at various times and the post holder is expected to carry out other duties from time to time which are broadly consistent with those in this document.