

BHT Sussex is an organisation made up of interlinked projects and services that empower people to overcome homelessness, poverty, addiction and mental ill health.

Please visit bht.org.uk for more information, or to donate online simply scan this QR code. Thank you!



Read on to find out more about the impact of our work



OUR IMPACT LAST YEAR IN NUMBERS

181

PEOPLE ACCOMMODATED IN OUR SPECIALIST MENTAL HEALTH SUPPORTED HOUSING



CASES OF HOMELESSNESS PREVENTED.



10,059

CLIENTS AND TENANTS SUPPORTED

2,214 **PEOPLE HELPED BY OUR ADVICE CENTRES** IN BRIGHTON, **EASTBOURNE AND HASTINGS**





6,856

VISITS MADE TO FIRST BASE, OUR RESOURCE CENTRE FOR ROUGH SLEEPERS PROVIDING SHOWERS, HOT MEALS, LAUNDRY, IT FACILITIES, AND SUPPORT TO GET PEOPLE OFF THE STREETS.

1,195

HOURS OF FREE MEETING SPACE PROVIDED TO PARTNER AGENCIES



20

PEOPLE JOINED US WHO HAVE FIRST-HAND EXPERIENCE OF THE ISSUES OUR SUPPORT SERVICES ADDRESS



65 **PEOPLE SUPPORTED TO ACHIEVE ABSTINENCE**



1,215

PEOPLE SUPPORTED OUR COMMUNITY MENTAL HEALTH SERVICES IN WEST SUSSEX



INDIVIDUALS AND HOUSEHOLDS ACCOMMODATED IN OUR COMMUNITY HOUSING

£2,702,566

RAISED BY OUR WELFARE BENEFITS **ADVISERS FOR 427 CLIENTS**



BHT Sussex provides homes and a diverse range of specialist support services across Sussex.

We work in the following six areas:

HOMELESSNESS SUPPORT
We provide practical help to rough sleepers as well as support to get off the streets, through our resource centre
First Base. We also run a high support hostel for homeless adults, and a supported housing project for homeless young people.

We are a registered social landlord providing homes across East Sussex, offering affordable housing for people on low incomes and a tailored service at a local level.

MENTAL HEALTH AND WELLBEING We provide specialist support, accommodation, groups and counselling to adults and young people experiencing mental health issues, in Brighton and West Sussex.

RECOVERY FROM ADDICTION Our Addiction Services support people throughout their detox and recovery journey, providing supported accommodation and a programme of support.



ADVICE - HOUSING, BENEFITS AND IMMIGRATION

Our advice centres in Eastbourne, Hastings and Brighton provide free specialist advice on a range of housing, immigration and welfare benefits related issues. We also provide floating support as the strategic partner with East Sussex County Council for homelessness prevention.



WORK, LEARNING AND EMPLOYMENT

Our work and learning projects help people to access training, placements and employment.

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