



Paul and Jim's Ultra challenge.

Cycling from North Ronaldsay to Brighton and on to Paris...

Starting from Brighton Station Friday 29th May 2015

Day	Golf course	tee time/s	MILEAGE
01/06/2015 Monday	N Ronaldsay GC, Orkney + cycling	8.20	+43
2/06/15 Tuesday	from Loch Watten to Dornoch CYCLING		60
3/6/2015 Wednesday	cycle 2.7m + www.royaldornoch.com + cycle 7.30 + 7.40		+48
4/06/15 Thursday	From Daviot CYCLING		84
5/6/2015 Friday	www.pitlochrygolf.co.uk then cycle	7.00	+27
6/06/15 Saturday	From Perth CYCLING then EDINBURGH Aikido		46
7/6/2015 Sunday	www.bathgategolfclub.com then cycle	6.45	+56
8/06/15 Monday	From Moffat to Gt Corby CYCLING		50
9/06/15 Tuesday	From Gt Corby to Kendal CYCLING		50
10/6/2015 Wednesday	www.kendalgolfclub.co.uk then cycle	7.30 + 7.40	+13
11/06/2015 Thursday	From Yealand Redmayne CYCLING then MANCHESTER Aikido		80
12/06/15 Friday	From Manchester to Stoke CYCLING		44
13/06/15 Saturday	From Stoke to Birmingham CYCLING		52
14/6/2015 Sunday	www.kingsnorton.co.uk GOLF	7.50 + 8.00	+43
15/06/15 Monday	From Long Compton to Abingdon		31
16/6/2015 Tuesday	Abingdon to Wellington Coll, GOLF + cycle	14.30 + 14.45	+60
17/06/15 Wednesday	Rest Day in Brighton		
18/6/2015 Thursday	East Brighton Golf Club	7.00 + 7.07 + 7.14 + 7.21	
18/06/15	Oak Room EBGC. Orkney – Brighton & Brighton – Paris Party 19.30-21.30		
19/06/15 Friday	Train to London – Cycle to Big Ben then cycle back to		
First Base Day Centre, Brighton and Cycle to Newhaven			70
20/06/15 Saturday	From Dieppe to Paris		130